#### **Housing Coalition Minutes**

# Tuesday, July 24, 2018

9:00 - 11:00 a.m.

### Adverse Childhood Experiences (ACES) Introduction

- Intro: Cassie is part of a committee created by GHPHSS to increase awareness and understanding, recommend policies, environmental changes, and training opportunities with the intent to become a more trauma-informed agency
  - ACES are a way to describe and measure traumatic experiences in young children and their long-term impact → trauma-informed work is designing programs and services with that universe of knowledge in mind for the best outcomes for the client and the community
- What are ACES?
  - Adverse Childhood Experience (ACE) describes a traumatic experience in a person's life occurring before the age of 18 – as defined/collected on standardized screening form
  - Review screening form (see handout)
  - ACES is unique in the universe of "trauma-informed" work in young children with developing bodies and brains mitigating household dysfunction can have long-lasting and transformative effects on both the child and the community
- How does this intersect with work to address homelessness? (16 minutes)
  - Nadine Burke Harris video: How childhood trauma affects health across a lifetime: <a href="https://www.ted.com/talks/nadine\_burke\_harris\_how\_childhood\_trauma\_affects\_heal">https://www.ted.com/talks/nadine\_burke\_harris\_how\_childhood\_trauma\_affects\_heal</a> th across a lifetime
  - "Cyclical" and GENERATIONAL relationship between ACES, Trauma, risky behaviors, and poor health outcomes
  - o For more in-depth info read Nadine's book "The Deepest Well"

## Great Beginnings Update - Jill Bushnell (see slides)

How are we using this information in our work to address homelessness? (see slides)

#### Data/10 year plan progress update (see slides)

## **Agency Updates**

- Family Promise: Day center has been identified next to the Methodist Church in Hoquiam will be able to serve approximately 4 families/14 people at one time
  - Putting in showers and laundry facilities
  - Families will stay in church facilities (have 10 committed, need at least 11 to open, 13 is ideal)
  - Van has been donated by Immanuel Baptist
  - Aiming for December opening
  - Families with children however they define family (can be grandparents raising grandchildren, etc.)
  - Non-denominational/non-prosthelytizing

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