

GRAYS HARBOR COUNTY Public Health

Community Health Assessment (CHA)/ Community Health Improvement Plan (CHIP)

GRAYS HARBOR COUNTY

Community Health Assessment

Community Health Improvement Plan

07-2022

HealthyGH.org

Grays Harbor County Board of Health

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GRAYS HARBOR COUNTY Public Health

To identify and best plan how to address public health needs, Grays Harbor County Public Health partnered with Rede Group to perform a community health assessment (CHA) and create a community health improvement plan (CHIP) to provide actionable priorities, goals, and strategies.

This body of work will help guide Public Health’s work to improve the health of the community it serves.

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Study Methods and Analysis

- **Primary data sources:** community leader interviews, community member focus groups, and a community-facing survey.
- Conducted 32 interviews, 6 focus groups (with a total of 37 participants) and received 159 complete survey responses. Through primary data collection, Rede connected with a total of 228 community members and leaders.
- Secondary data was collected from local, state, and national sources to complement information found through primary data collection.



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CHA KEY FINDINGS

"I really love the people here. I've had the privilege of being born and raised here, and I found my career here. So, I was able to stay, and see the growth of the community and the connectivity."
—Focus group participant



"The nature that surrounds the county provides residents great opportunities to be outside and stay active."
—Community survey respondent


Community Strengths

- Proximity to nature, including access to outdoor recreational activities
- *Small town community feel and cohesion*
- Individual and health services provided by local organizations

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**GRAYS HARBOR COUNTY
Public Health**

CHA KEY FINDINGS




77%

77% of community survey respondents indicated reduced stigma related to behavioral health conditions as a high need



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46% of community focus group participants identified behavioral health as a need in the county




Community Needs

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- Some cultural norms were a barrier to health; including generational habits around eating unhealthy and sedentary lifestyles
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“I think the lack of housing is every bit a public health issue and concern. We are sorely, like so many other places, lacking in housing, especially for low income, no income, and people needing transitional housing.”
—Community leader interviewee


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CHIP Findings

The CHA offers insights for the development of a CHIP, while the CHIP is used to address health priorities in the community.




1. ACCESS TO BEHAVIORAL + PHYSICAL HEALTH SERVICES

Provide strategic leadership to increase community members' access to health care.

- *Increase access to behavioral and physical health providers, including those without transportation and those in rural and remote areas*
- *Provide culturally appropriate care and translated materials*
- *Prioritize access to services to address youth mental well-being*

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CHIP Findings

2. PHYSICAL ACTIVITIES + HEALTHY ACTIVITIES

Improve access to physical activity and positive social engagement.

- *Expanded access to activities outside of school sports and safe, welcoming places for healthy social engagement*
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CHIP Findings



3. ACCESS TO SAFE + AFFORDABLE HOUSING

Collaborate with community partners to focus on housing as a Social Determinant of Health.

- *Housing to attract new workers, particularly health care providers*
- *Availability of rental housing for students and those in recovery*
- *General availability, affordability, and conditions of housing*

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CHIP Findings

4. CULTURALLY APPROPRIATE MASS-REACH HEALTH COMMUNICATION + EDUCATION


Increase the availability of culturally appropriate mass-reach health communications and health education materials for non-white and Spanish speaking community members.



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Questions

- Which, if any, of the four CHIP findings should Public Health tackle in 2023?
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PUBLIC HEALTH

WELLNESS LIVING

FIT

DIET

EXERCISE

RELAXED

ACTIVE

CARE

SPORT

LEISURE

ACTIVITY

WELLNESS

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Study Methods and Analysis



PRIMARY DATA COLLECTION

- Community leader interviews **32**
- Community focus group participants **37**
- Community member surveys **159**

228

COMMUNITY MEMBERS REACHED

SECONDARY DATA COLLECTION

- Local, state, and national datasets


ANALYSIS + INTERPRETATION

SHARE ASSESSMENT FINDINGS

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CHA KEY FINDINGS

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PUBLIC HEALTH

WELLNESS LIVING

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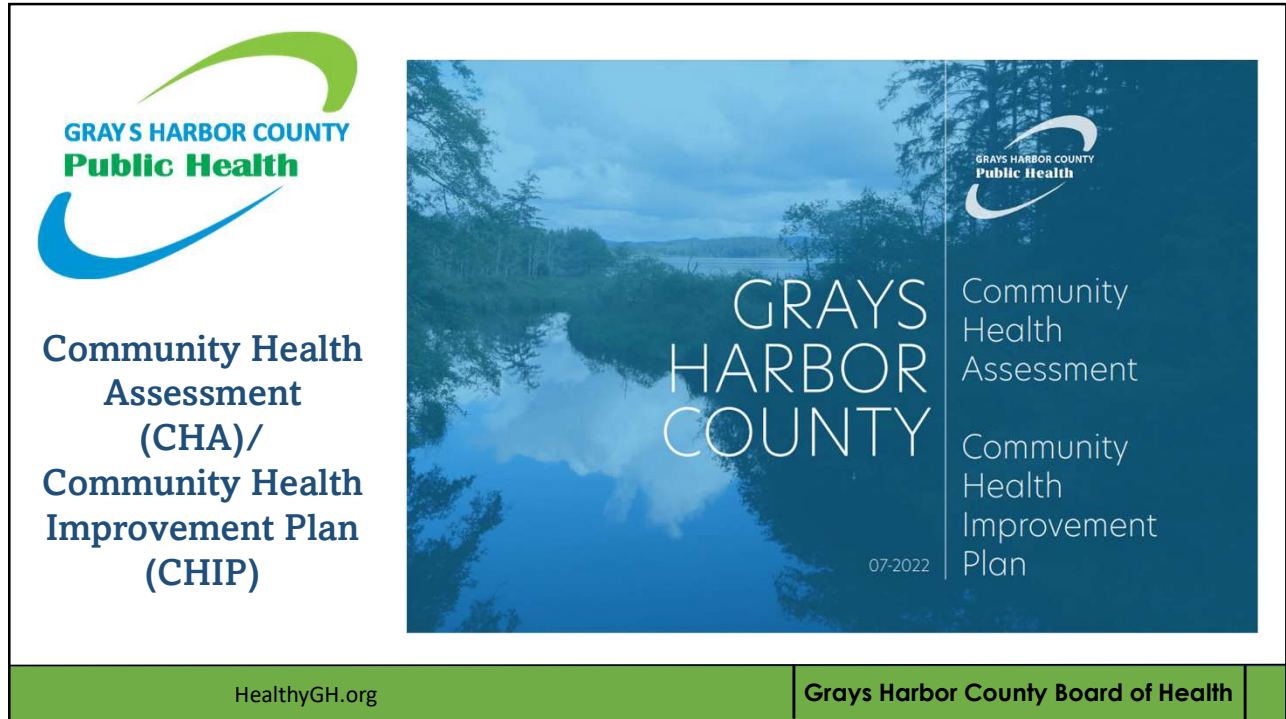
12



Questions?

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Grays Harbor County Board of Health



**GRAYS HARBOR COUNTY
Public Health**

**Community Health Assessment (CHA)/
Community Health Improvement Plan (CHIP)**

GRAYS HARBOR COUNTY

Community Health Assessment

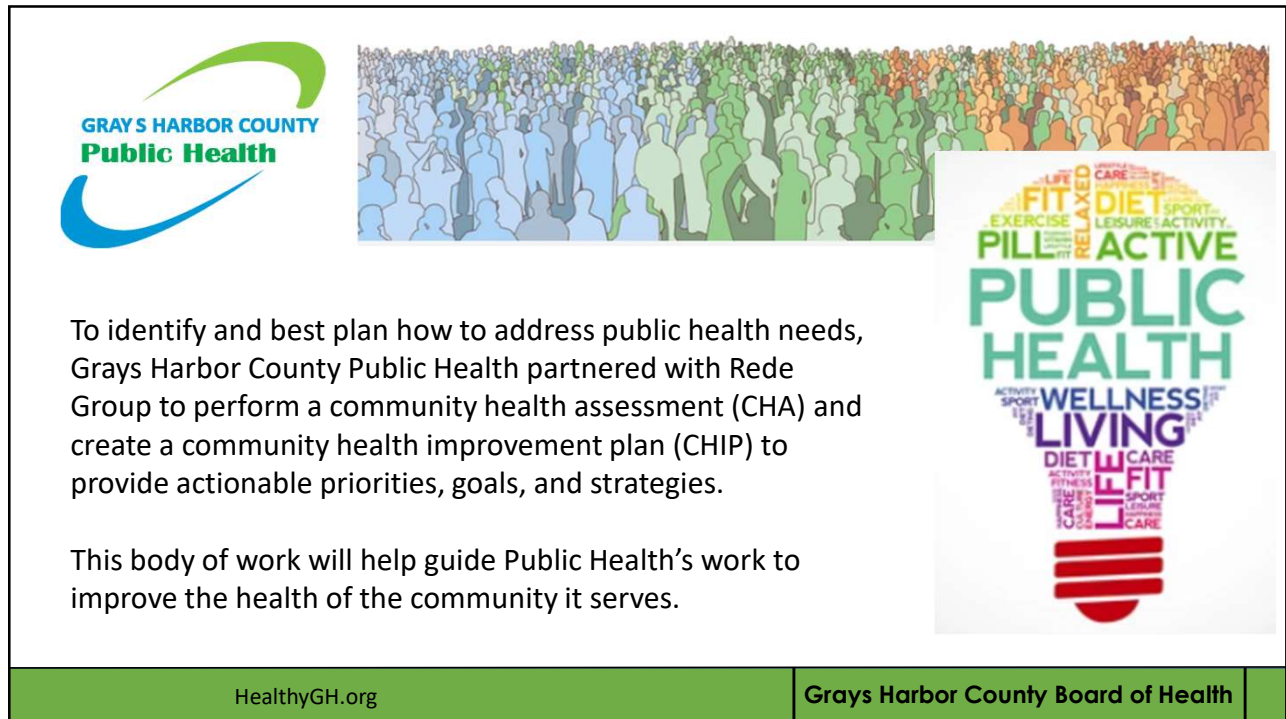
Community Health Improvement Plan

07-2022

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Grays Harbor County Board of Health

1



**GRAYS HARBOR COUNTY
Public Health**

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PUBLIC HEALTH

WELLNESS LIVING

ACTIVE

PILL

FIT

DIET

EXERCISE

RELAXED

SPORT

LEISURE

CARE

FITNESS

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HealthyGH.org

Grays Harbor County Board of Health

2



Study Methods and Analysis

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3



CHA KEY FINDINGS

"I really love the people here. I've had the privilege of being born and raised here, and I found my career here. So, I was able to stay, and see the growth of the community and the connectivity."
—Focus group participant



"The nature that surrounds the county provides residents great opportunities to be outside and stay active."
—Community survey respondent


Community Strengths

- Proximity to nature, including access to outdoor recreational activities
- *Small town community feel and cohesion*
- Individual and health services provided by local organizations

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Grays Harbor County Board of Health

4




**GRAYS HARBOR COUNTY
Public Health**

CHA KEY FINDINGS




77%

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Community Needs

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Grays Harbor County Board of Health


5



**GRAYS HARBOR COUNTY
Public Health**

CHA KEY FINDINGS

Barriers to Health




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CHIP Findings

The CHA offers insights for the development of a CHIP, while the CHIP is used to address health priorities in the community.



Provide strategic leadership to increase community members' access to health care.


1. ACCESS TO BEHAVIORAL + PHYSICAL HEALTH SERVICES

- *Increase access to behavioral and physical health providers, including those without transportation and those in rural and remote areas*
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Grays Harbor County Board of Health

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CHIP Findings

2. PHYSICAL ACTIVITIES + HEALTHY ACTIVITIES

Improve access to physical activity and positive social engagement.

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CHIP Findings



3. ACCESS TO SAFE + AFFORDABLE HOUSING

Collaborate with community partners to focus on housing as a Social Determinant of Health.

- *Housing to attract new workers, particularly health care providers*
- *Availability of rental housing for students and those in recovery*
- *General availability, affordability, and conditions of housing*

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Grays Harbor County Board of Health

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CHIP Findings

4. CULTURALLY APPROPRIATE MASS-REACH HEALTH COMMUNICATION + EDUCATION


Increase the availability of culturally appropriate mass-reach health communications and health education materials for non-white and Spanish speaking community members.



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10




Questions

- Which, if any, of the four CHIP findings should Public Health tackle in 2023?
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GRAYS HARBOR COUNTY Public Health

Community Health Assessment (CHA)/ Community Health Improvement Plan (CHIP)

GRAYS HARBOR COUNTY

Community Health Assessment

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07-2022

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Grays Harbor County Board of Health

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Public Health**

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Grays Harbor County Board of Health


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Grays Harbor County Board of Health

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Grays Harbor County Board of Health

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Questions?

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GRAYS HARBOR COUNTY
Public Health

**Community Health Assessment (CHA)/
Community Health Improvement Plan (CHIP)**

GRAYS HARBOR COUNTY

Community Health Assessment
Community Health Improvement Plan

07-2022

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Grays Harbor County Board of Health

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Grays Harbor County Board of Health

4




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Grays Harbor County Board of Health


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Grays Harbor County Board of Health

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7



CHIP Findings

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HealthyGH.org | Grays Harbor County Board of Health

8



CHIP Findings



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HealthyGH.org

Grays Harbor County Board of Health

9



CHIP Findings

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Grays Harbor County Board of Health

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HealthyGH.org	Grays Harbor County Board of Health
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Questions?

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Grays Harbor County Board of Health

GRAYS HARBOR COUNTY Public Health

Community Health Assessment (CHA)/ Community Health Improvement Plan (CHIP)

GRAYS HARBOR COUNTY

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07-2022

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Grays Harbor County Board of Health

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PUBLIC HEALTH

WELLNESS LIVING

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Grays Harbor County Board of Health

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Grays Harbor County Board of Health

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Public Health**

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Grays Harbor County Board of Health


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Grays Harbor County Board of Health

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Grays Harbor County Board of Health

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CHIP Findings

4. CULTURALLY APPROPRIATE MASS-REACH HEALTH COMMUNICATION + EDUCATION


Increase the availability of culturally appropriate mass-reach health communications and health education materials for non-white and Spanish speaking community members.



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10




Questions

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Questions?

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GRAYS HARBOR COUNTY Public Health

Community Health Assessment (CHA)/ Community Health Improvement Plan (CHIP)

GRAYS HARBOR COUNTY

Community Health Assessment

Community Health Improvement Plan

07-2022

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GRAYS HARBOR COUNTY Public Health

To identify and best plan how to address public health needs, Grays Harbor County Public Health partnered with Rede Group to perform a community health assessment (CHA) and create a community health improvement plan (CHIP) to provide actionable priorities, goals, and strategies.

This body of work will help guide Public Health’s work to improve the health of the community it serves.

PUBLIC HEALTH

WELLNESS LIVING

FIT

DIET

EXERCISE

RELAXED

ACTIVE

CARE

SPORT

LEISURE

ACTIVITY

WELLNESS

LIVING

DIET

CARE

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Grays Harbor County Board of Health

2



Study Methods and Analysis

- **Primary data sources:** community leader interviews, community member focus groups, and a community-facing survey.
- Conducted 32 interviews, 6 focus groups (with a total of 37 participants) and received 159 complete survey responses. Through primary data collection, Rede connected with a total of 228 community members and leaders.
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CHA KEY FINDINGS

"I really love the people here. I've had the privilege of being born and raised here, and I found my career here. So, I was able to stay, and see the growth of the community and the connectivity."
—Focus group participant



"The nature that surrounds the county provides residents great opportunities to be outside and stay active."
—Community survey respondent


Community Strengths

- Proximity to nature, including access to outdoor recreational activities
- *Small town community feel and cohesion*
- Individual and health services provided by local organizations

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Grays Harbor County Board of Health

4




**GRAYS HARBOR COUNTY
Public Health**

CHA KEY FINDINGS




77%

77% of community survey respondents indicated reduced stigma related to behavioral health conditions as a high need



46%

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Community Needs

- Increased access to and affordability of health care providers (barriers include travel distance, culturally appropriate care, lack of health insurance)
- Access to behavioral health care resources
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Grays Harbor County Board of Health


5



**GRAYS HARBOR COUNTY
Public Health**

CHA KEY FINDINGS

Barriers to Health




- Some cultural norms were a barrier to health; including generational habits around eating unhealthy and sedentary lifestyles
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“Many [medical] offices do not use interpreters and paperwork is not translated.”
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CHIP Findings

The CHA offers insights for the development of a CHIP, while the CHIP is used to address health priorities in the community.



Provide strategic leadership to increase community members' access to health care.


1. ACCESS TO BEHAVIORAL + PHYSICAL HEALTH SERVICES

- *Increase access to behavioral and physical health providers, including those without transportation and those in rural and remote areas*
- *Provide culturally appropriate care and translated materials*
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Grays Harbor County Board of Health

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CHIP Findings

2. PHYSICAL ACTIVITIES + HEALTHY ACTIVITIES

Improve access to physical activity and positive social engagement.

- *Expanded access to activities outside of school sports and safe, welcoming places for healthy social engagement*
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CHIP Findings



3. ACCESS TO SAFE + AFFORDABLE HOUSING

Collaborate with community partners to focus on housing as a Social Determinant of Health.

- *Housing to attract new workers, particularly health care providers*
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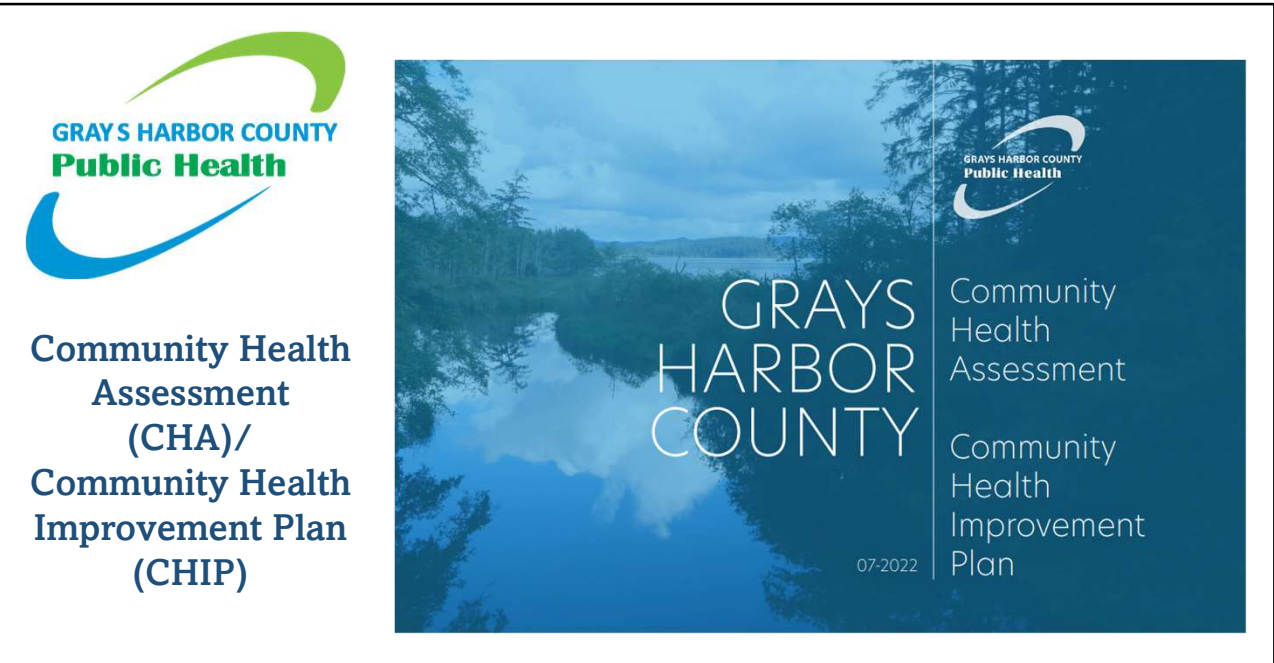
12



Questions?

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**GRAYS HARBOR COUNTY
Public Health**

**Community Health Assessment (CHA)/
Community Health Improvement Plan (CHIP)**

GRAYS HARBOR COUNTY

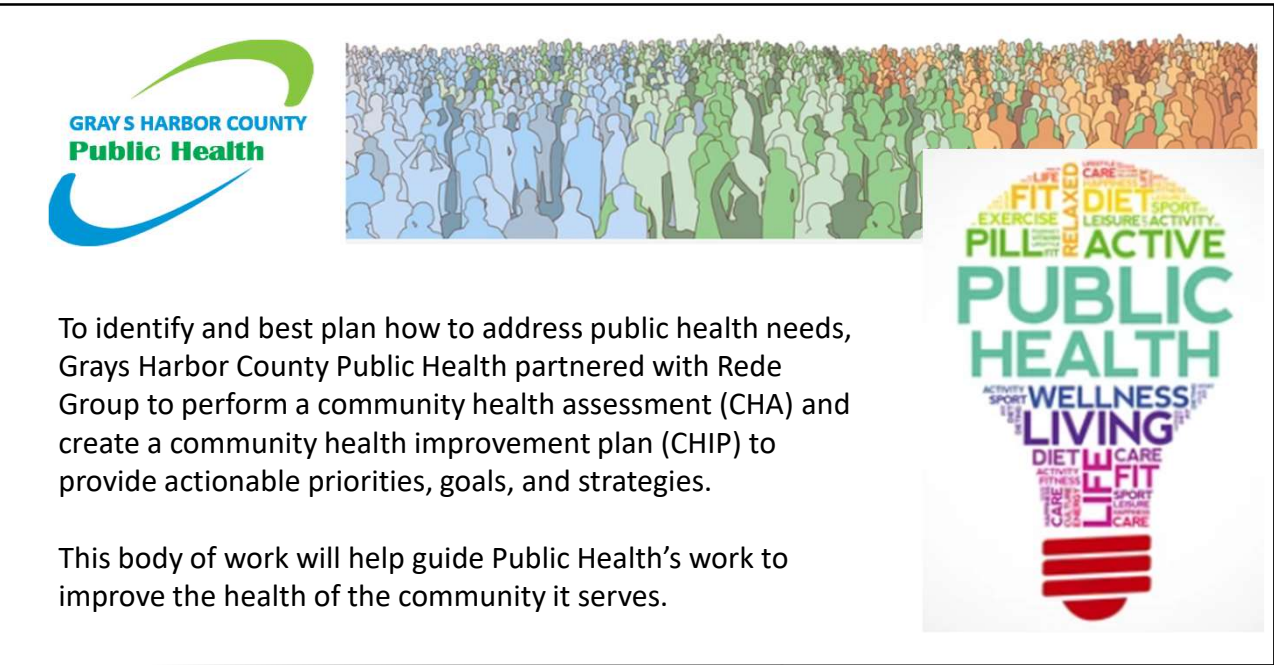
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