

Three years in Grays Harbor Public Health

Where we've been, what we've learned, what we've done, and where we're headed in the future

Mike McNickle, Director Grays Harbor County Public Health

THANK YOU!

to our sponsors for your generous support of this event!











THANK YOU!

for your efforts in planning and supporting this event!

- Grays Harbor County Public Health Healthy Places Manager Cassie Lentz and her team
- Board of County Commissioners
- Management and staff of Seabrook

GRAYS HARBOR COUNTY Public Health

AND ALL OF YOU WHO TOOK TIME OUT OF YOUR BUSY SCHEDULES TO ATTEND!

Logistics

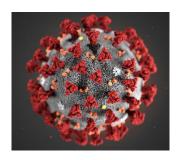
- Restrooms
- Agenda (before lunch)
 - Keynote speakers
 - Breakout sessions
- Lunch location
- Agenda (after lunch)
 - More breakout sessions
 - So now what?
- We will conclude by 4 p.m. sharp ... ish
- After-Session Meet and Greet!



Where we were

Mike arrives in March 2021

COVID-19 pandemic – Boo!



Staff fatigue



Community fatigue



Lack of service provision tied to poorer community health

No CHA/CHIP in over a decade





No capacity for "everyday" public health work





Mistrust and misinformation obstacles

What we've done

2022

Community Health
 Assessment/Community
 Health Improvement Plan





2023

- Public Health Strategic Plan for 2022-2025
- Behavioral Health Gap Analysis
- Youth Services Gap Analysis
- ER peers with Summit Pacific Medical Center
- Partnered with Summit Pacific Medical Center for a mental health facility and services
- North Beach School-Based Health Center
- Many Homeless Housing Initiatives
- Initiated in-person visits in WIC and Reproductive Health Program
- Initiated a Diabetes Program
- And so much more!



PREPARED FOR

GRAYS HARBOR COUNTY

Top findings

CHA/CHIP

- Increase access to culturally appropriate behavioral and physical health providers.
- Expand access to healthy and physical activities.
- Increase access to safe and affordable housing.
- Increase culturally appropriate health communication and education.



BEHAVIORAL HEALTH GAP ANALYSIS

- Increase availability of youth services.
- Provide a directory of resources within the community.
- Create a system that provides transportation to appointments.
- Develop anti-stigma education campaigns.
- Increase number of culturally diverse treatment providers to the region.

CHILDHOOD SUPPORT SERVICES GAP ANALYSIS

- Provide smooth transitions of care between levels of services.
- Better access to childcare.
- Navigation support for families in need of resources.
- Access to basic needs.
- Recreational support for families.
- More formal connections to available services.

Strategic Plan

Healthy Families

- Published the Early Childhood Support Systems Gap Analysis.
- Creating a framework for a county-wide diaper bank network.
- Increased the number of families with young children enrolled in Parents as Teachers home visiting program and receiving Women, Infant and Children (WIC) nutrition and education services.



Healthy People

- Implementation of the School-based Health Center in the North Beach School District.
- Diabetes prevention/intervention programming.

Communications

- Translated key pages of the website into Spanish and created a standalone Spanish website.
- Increased social media presence (Twitter, Linkedin, etc.).

Healthy Places

- Behavioral Health Resource Guide development and implementation.
- Crisis Triage Model design phase, to be completed November 2023.
- Applied for and received additional funds to support youth mental health promotion and suicide prevention.

Where we're headed



Nov 2023 - Mental Health Triage Plan
Dec 2023 - Homeless Housing Task Force
Jan 2024 - Third Spaces Plan
Jan 2024 - Opioid Abatement Council
Mid 2024 - Mobile Clinic
Oct 2024 - 2nd Annual Symposium





